

## **SAFETY TIPS FOR DRIVING**

1. STAYING ALERT- Actively paying attention to their action and those of the drivers around
2. AVOIDING ASSUMPTIONS - Drivers should not make the mistake of assuming that other drivers are going to do or what they think they should do.
3. USING TURN SIGNALS - Drivers should not depend on others signaling their intention when driving.
4. BUCKLING UP- wearing seat belt is an essential safety tip for drivers.
5. FOLLOWING TRAFFIC SIGNALS - paying close attention to and obey stop signs and traffic lights.
6. RESPECTING OF YELLOW LIGHTS - Remembering that the intent of a yellow light is to notify drivers to slow down and prepare to stop.
7. SHOULD NOT TEXT AND DRIVE
8. OBEYING SPEED LIMITS
9. MAKING ADJUSTMENT FOR WEATHER.
10. EXERCISING PATIENCE - Many accidents are caused by impatient drivers who are rushing to get from point A to B.
11. BEING PREDICTABLE - No sudden stops or lane changes.
12. DRIVERS SHOULD NEVER DRIVE UNDER THE INFLUENCE.
13. YIELDING RIGHT OF WAY - When other driver has the right of way, be sure to yield them.
14. RESPECTING STOPPED VEHICLES
15. AVOIDING DISTRACTIONS.
16. USE OF HEADLIGHTS WHEN NEEDED.
17. SHARING OF ROAD-
18. PROPER MAINTENANCE OF TRUCKS.
19. IMPORTANCE OF SLEEP
20. MEETING BREAK TIME REQUIREMENTS (resting 30minutes after 4hours drive)

- (Staying focused, Staying apart, Staying off cell phone when driving )